

FOR Cal Poly Humboldt Participants

LOCAL COUNSELING RESOURCES:

Thank you for participating in our study.

We understand that your experience in this study may have raised topics of potential concern for you, and for this reason or other reasons you may wish to talk to a mental health professional or seek out further information.

Therefore, we are providing you with contact information for local, free or low-cost mental health care options. Please feel welcome to use these resources to ask any related questions that you may have.

The following agencies and resources are available for you to contact:

Humboldt Counseling & Psychological Services Center http://www.humboldt.edu/counseling/	(707) 826-3236
Psychology Community Counseling Center (on campus)	(707) 826-3921
North Country Clinic	(707) 822-2481
Open Door Clinic	(707) 441-1624
Humboldt Family Service Center	(707) 443-7358
Humboldt County Mental Health	(707) 445-7715
United Indian Health Services	(707)825-5060
North Coast Rape Crisis Team	(707)445-2881
Veteran Counseling Center	(707)444-8271

Once again, we thank you for your participation in the research project.

ONLINE COUNSELING RESOURCES:

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The following agencies and resources are available for you to contact:

CrisisChat.org

Online Emotional Support

Hours Vary- Approximately 12hrs daily / 7 days

New Hope 24 Hour Telephone Counseling Center

(714) NEW-HOPE

(714) 639-4673

Online Counseling Live crisis intervention and support from a New Hope Counselor- free!

For college students: <http://www.ulifeline.org/>

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